

Conscious Pregnancy

The Journey from Woman to Mother

July 7-19, 2014 ~ Espanola, New Mexico, USA

A Specialty Training for Kundalini Yoga teachers and interested women

Inspire future mothers with hope, healing and uplifting spiritual values

Based on the Teachings of Yogi Bhajan

Conscious Pregnancy Training prepares a Kundalini Yoga Instructor to teach pregnancy and post-partum yoga classes, with an emphasis on serving women and building community.

This comprehensive 103 hour course is also an outstanding preparation for women who are planning to become mothers, or are interested to educate girls or women. Women who are not presently Kundalini Yoga Instructors are welcome to join us, especially health care professionals.

In 1978 Tarn Taran Kaur Khalsa established this training for German Kundalini Yoga teachers. Since then, this Conscious Pregnancy Yoga Training has been taught regularly around the globe, inspiring over 3,000 yoga teachers to share these precious yogic teachings.

Tarn Taran Kaur is the Lead Trainer for this 2014 Espanola training. She will be accompanied by a team of yoga teachers and medical professionals.

Join us this summer! Find out how YOU can inspire a woman to consciously birth and nurture her family.

A KRI and IKYTA Recognized Specialty Training.



*Experience personal transformation as you discover your own invincible power & depth of woman
Discover practical yogic technology and wisdom for women & motherhood*



Register today! Early Price before May 31

Full price: \$1650. Discounted: \$1500.* IKYTA members: \$1350

After 06/01/2014

Full Price: \$1850. Discounted: \$1700.* IKYTA members: \$1650

**Discounted price available for: full-time students, seniors (over 55), and IKYTA members or International travelers.*

**For more information & registration: www.kundaliniwomen.org
info@kundaliniwomen.org**



Kundalini Women